

**LISA MARASCO, MA,
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<http://lactspeak.com/speakers/LisaMarasco>

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EDUCATION

International Board Certified Lactation Consultant since 1993, re-certified 1998, 2003, 2008, 2013
Masters in Human Development w/ Specialization in Lactation, Pacific Oaks College & Lactation Institute, 2001
BA, Business Administration/Accounting, California State University, Fullerton, 1981
Orofacial Myofunctional Training, Academy of Myofunctional Therapy, December 2014
Lymphatic Drainage I, International Alliance of Healthcare Educators, January 2015

EXPERIENCE

2005 - Present: Lactation Consultant, Santa Barbara County Public Health Department, Nutrition Services/WIC.
1993 - Present: Owner of *Expressly Yours Lactation Services*, a private consulting practice.
1998 - Present: Board member Santa Barbara County Breastfeeding Coalition. Speaker, organizer.
1985 - Present: Leader for La Leche League International. Associate Area Professional Liaison since 1996.

PUBLICATIONS

Oral Galactagogues for increasing breast-milk production in mothers of non-hospitalised term infants. Cochrane study protocol approved for publication, 2015, with co-authors SC Foon, May Loong Tan, Jacqueline Ho, Wai Cheng Foong.
Insufficient Milk Production (Chapter 42) In: ILCA's **Core Curriculum for Lactation Consultant Practice**, Jones & Bartlett, 2012, 2007. Co-authored with Kay Hoover.
Postpartum Nutritional Management (Lactation section). In: **Medical Management of Pregnancy Complicated by Diabetes, Nutritional Management During Pregnancy in Preexisting Diabetes.** American Diabetes Association, 2009.
Making More Milk: A Nursing Mother's Guide to Milk Supply. Co-authored with Diana West, McGraw Hill, Nov. 2008.
Increasing Your Milk Supply with Galactagogues. *Inside Track* patient handout, Journal of Human Lactation, Nov. 2008.
The Impact of Thyroid Dysfunction on Lactation. Breastfeeding Abstracts, 2006.
How to Get your Milk Supply Off to a Good Start. Co-authored with Diana West. New Beginnings, 2005.
Polycystic Ovary Syndrome. Leaven, 2005.
Polycystic Ovary Syndrome: A Connection to Insufficient Milk Supply? Co-authored with Chele Marmet and Ellen Shell, Journal of Human Lactation, 2000.
Cue Feeding: Wisdom and Science. Co-authored with Jan Barger, Breastfeeding Abstracts, 1999.
Common Breastfeeding Myths. Leaven, 1998, reprinted (#75) by La Leche League International, 1998.
Cue vs Scheduled Feeding: Revisiting the Controversy. Co-authored with Jan Barger, Mother-Baby Journal, 1998.
When the Schedule Becomes More Important than Breastfeeding. Clinical Issues in Lactation, 1997.

PROFESSIONAL AFFILIATIONS

International Lactation Consultants Association
International Affiliation of Tongue Tie Professionals (IATP, founding member)
La Leche League of Southern California/Nevada
Santa Barbara County Breastfeeding Coalition
American Botanical Council
Natural Standard
Clinical Lactation Editorial Review Board
Journal of Human Lactation Book & Media Review Board
GOLD Professional Advisory Committee

AWARDS

Fellow of ILCA (International Lactation Consultant's Association) designation 2009
Woman of Excellence, Santa Maria Women's Network 2009

PRESENTATION TOPICS

See Lactspeak for past and current presentations: <http://lactspeak.com/speakers/LisaMarasco>

PRIOR SPEAKING ENGAGEMENTS

Fargo-Moorhead Area Breastfeeding Association, 2014	San Antonio, 2009
Michigan Area Lactation Consultants, 2014	San Diego Breastfeeding Coalition 2009
ILCA Phoenix, 2014	Santa Barbara Co. Breastfeeding Coalition, 2009
LLL Southern California Nevada Leader Day, 2014	La Leche League of So. California/Nevada, 2009
GOLD Online Lactation Conference, 2014	Ventura County Breastfeeding Coalition 2009
California WIC Association, San Diego, CA 2014	Arizona DHS 2008
Sonoma County Breastfeeding Coalition, CA	ILCA Las Vegas, 2008
2013 Missoula Lactation Consultants, MT 2013	Ohio Lactation Consultants 2008
USLCA Webinar, 2013	Orlando lactation consultants, FL, 2008
California Peer Counselors, Sacramento 2013	Tuolumne County, CA, 2008
Mother-Baby Symposium, Billings, MT, 2013	Emory, Atlanta, 2007
Placer County Breastfeeding Coalition, Roseville, 2013	ILCA, 2007
USLCA St. Louis, 2013	La Leche League of So. Calif/Nev, 2007
Montana WIC, 2012	San Mateo WIC, 2007
AICPAM Italy, 2012	WALWICA 2008
California WIC, 2012	Houston Area Lactation Consultants, 2006
ILCA Orlando, 2012	Oregon La Leche League, 2006
Dallas Area Breastfeeding Association, 2012	Placerville CA 2006.
LLL of Washington, 2012	Wisconsin Area Lactation Consultants, 2006
Art of Breastfeeding, NC 2012	New Mexico Breastfeeding Task Force, Albuquerque, 2005
Edwardsville, IL 2012	Alaska Breastfeeding Coalition, 2005
ILCA webinar, 2011	Vermont Lactation Consultants Association, 2005
SWAG conference, Oakland, CA 2011	Bismarck, ND, 2004
Joliet Alliance of Breastfeeding Advocates, 2011	Los Angeles Breastfeeding Task Force, 2004
Southern Oregon Breastfeeding Coalition, 2011	OLCA Ohio, 2004
GOLD online conference, 2011	SENTARA Latch, Virginia, February 2006
North Carolina WIC, 2011	La Leche League of Southern California/Nevada, 2004
Ottawa Valley Lactation Consultants, 2011	Billings MT Clinic, 2003
LLL of Alabama, Louisiana and Mississippi 2011	Kirkland Washington La Leche League, 2003
Australian Breastfeeding Association, 2011	La Leche League Traveling Workshop, 2003
March of Dimes, IL 2011	New York Lactation Consultants Assoc, 2003
Acibadem Hospital, Istanbul, Turkey, 2010	Rochester, NY, 2003
Breastfeeding Coalition of Placer County, 2010	Santa Barbara County WIC, 2003
Best Beginnings Rhode Island, 2010	Breastfeeding Coalition/WIC of Bakersfield, 2002
ILCA San Antonio, 2010	ILCA Berkeley, 2002
La Leche League of Arizona, 2010	ILCA Boca Raton, 2002
ABC North Carolina, 2010	La Leche League of So. California/Nevada, 2002
GOLD '10 (web)	Orange County Breastfeeding Task Force, 2002
OLCA Ohio, 2010	Wisconsin Lactation Consultant's Assoc, 2002
ALCA Australia, Sept. 2009	WIC of Santa Barbara County 2001
Greater Los Angeles Breastfeeding Task Force, 2009	La Leche League of So. California/Nevada, 2001
KLIC Kentucky, 2009	Breastfeeding Task Force of Santa Barbara County, 2000
Oregon Bfg Coalition, 2009	California WIC, San Diego, 2000
Private Practice Lactation Consultants, Philadelphia, 2009	Breastfeeding Task Force of Santa Barbara County, 1999
Quebec Lactation Consultants Assoc. 2009	La Leche League of So. CA/Nevada, 1999